



## Health Kit

Many women do not have swaddling clothes with which to welcome their child into the world. Layette kits provide basic supplies for their baby's needs.

**Health Kit Value: \$12 per kit**

### Assembly & Shipping Instructions

#### Health Kit Materials

- **1 hand towel**
  - 15 x 25 inches to 17 x 27 inches;
  - Kitchen, cleaning, and microfiber towels not acceptable.
- **1 washcloth**
- **1 comb**
  - Comb needs to be sturdy and longer than 6 inches long;
  - No pocket combs or picks please;
  - Rattail combs and combs without handles are acceptable with a minimum of 6 inches of teeth.
- **1 metal nail file or nail clippers**
  - No emery boards, please.
- **1 bath-size soap**
  - 3 oz. and larger sizes only;
  - No Ivory or Jergens soap due to moisture content;
  - Do not remove from original packaging.
- **1 toothbrush**
  - Adult size only;
  - Do not remove from original packaging.
- **6 adhesive bandages**
  - ¾ inch to 1 inch-size;
  - Common household Band-Aids.
- **1 plastic bag**
  - One-gallon size sealable bag only.
- **\$1.00 to purchase toothpaste**





## Assembly Directions

Set the \$1.00 for toothpaste aside to be included in a separate envelope. Lay out the hand towel flat on a table. Lay the washcloth flat in the center of the hand towel. Place all remaining items on top of the washcloth. Fold over the sides of the hand towel to cover all of the items. Fold over one end of the hand towel so that it covers all of the items. Grasp the bundle of items tightly and roll over the remainder of the hand towel tightly. Place the tightly rolled bundle in the plastic bag. Remove as much air as possible and seal the bag.

## Important Notes

- All items must be new.
- Do not wash any of the items as they will be considered used.
- Please remove all packaging, unless otherwise specified.
- All emergency kits are carefully planned to make them usable in the greatest number of situations. Since strict rules often govern product entry into international countries, it is important that kits contain only the requested items, nothing more.
- Do not include any personal notes, money, or additional material in the kits. These things must be painstakingly removed and will delay the shipment.
- **UMCOR is now purchasing toothpaste in bulk to be added to health kits before shipping to ensure that the product does not expire before they are sent. *Do not put single dollar bills in each kit.* Collect all money for toothpaste and shipping, then *place it in a separate envelope and send along with the kit donations.***

## Shipping and Processing:

### TNUMC will accept kits at:

- Tennessee Conference office, 304 S. Perimeter Park Drive Suite, Nashville, TN 37211
- Once your kits are complete, you may call Angela Overstreet at 615.695.2765 to schedule a drop off time.
- **Processing & Shipping Costs:** Please enclose an envelope containing at least \$1 for each kit you send. This donation enables kits to be sent to areas in need.

